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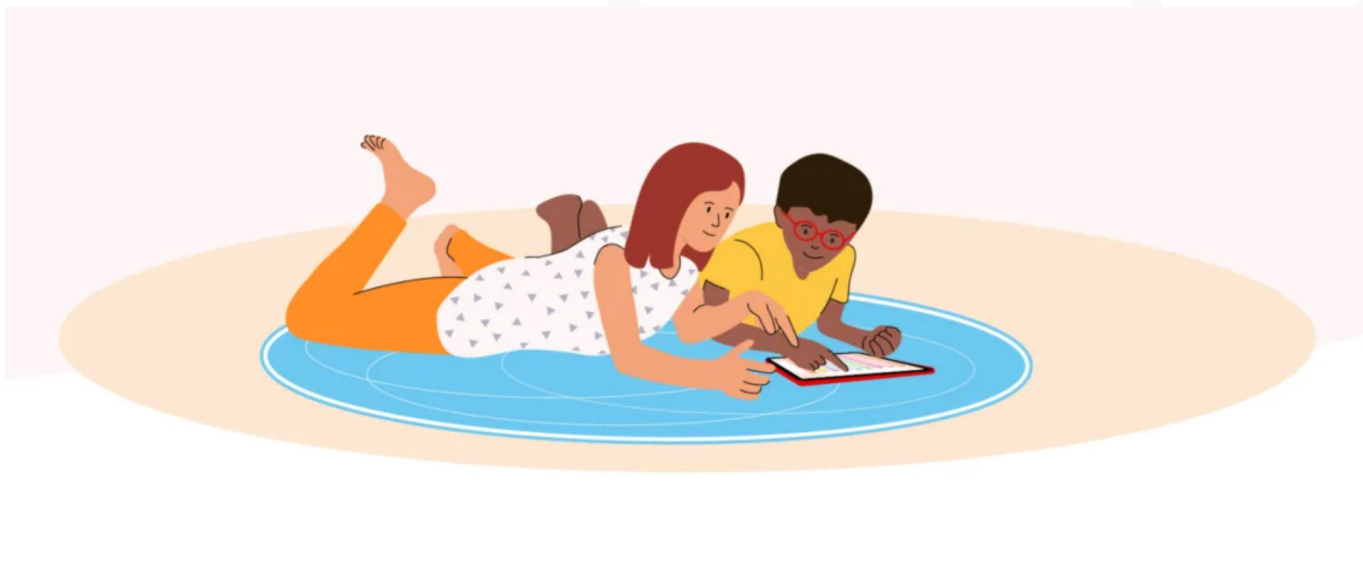
## **PROLOQUO 2 GO**

Getting Started With AAC

# Getting started with Augmentative and Alternative Communication (AAC) can be overwhelming. We know the journey is not easy.

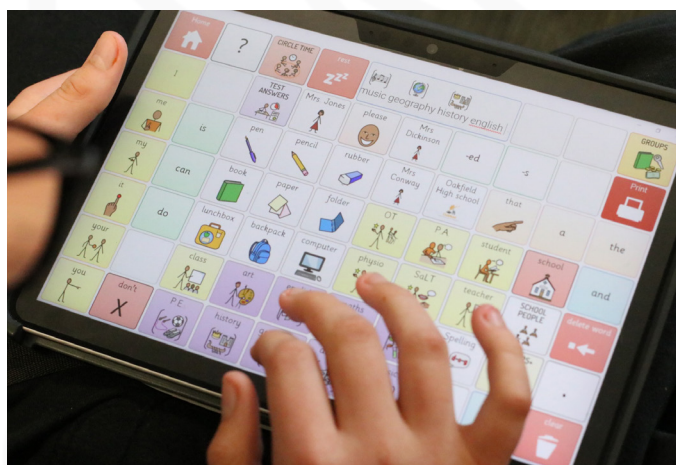


That is why we recommend using Proloquo and Proloquo Coach. With step-by-step guidance and the support you need, you can make communication with AAC a part of your everyday life.



Most children with ASD do not develop spoken language, although it may take them until they are 5 or 6 years old. It can be helpful to have an alternative way to communicate that allows your child to express wants and needs during the time when speech is limited.

Augmentative or alternative communication (AAC) is the term used to describe these methods. Just as there are many ways to get from one place to another (e.g. on foot, by bike, car, train or plane), there is more than one way for a child to communicate.



AAC systems vary from unaided (gestures and signs) to aided (pictures, switches, and speech generating software such as Proloquo2Go) and it is important to choose the most appropriate system for the child as they grow and develop.

If you have chosen to proceed with Proloquo2Go, here are a few recommendations to support your family, and other adults working with your child, in setting up and learning how to use it.

**On the following page we have put together FIVE recommendations in order to help you and your family with using Proloquo2Go.**

Proloquo2Go can be tailored to your child's specific needs and areas of interest, and developed alongside your child's changing requirements and growth.



## 1. Tailor The Set Up To Meet Your Child's Needs:

- The front pages should contain core vocabulary: words that your child will use 80% of the time.
- Create sub-folders for more specific language related to toys, games or activities that your child enjoys, to specific interests or to focused learning activities.
- When adding to or changing vocabulary, always use the same colours for the core vocabulary words and keep them in the same place on the device. This makes it much easier for your child to get to know it.

## 2. Support Your Child In Learning To Use The Device And Encourage All Adults Working With Your Child To Do The Same:

- Provide prompts to enable your child to be successful and reduce these as they gain more independence.
- For example, when you know your child wants something, use gesture to prompt them to point to the word or picture on the device.

## 3. Find The Best Way That Works For You:

- It may be necessary to mix 'high' and 'low' tech to begin with, or for certain activities such as swimming, or bathing.
- You can mix use of both the device and printed / laminated communication boards.

## 4. It Is Important To Remember That This Is Not Just Your Child's Device For Communicating

- The AAC device is also for you and others to use to communicate and converse with your child.
- For example, at school, teachers can use the device to comment during activities "You like red", "You got it", "All done".
- Peers and friends can also be encouraged to use the device to communicate, "I like apples", "I like the green pen".
- **\*Remember\*** 80% of communication is commenting rather than asking questions!

## 5. Keep Calm and Communicate:

- If using the device feels overwhelming at first, use it for specific moments and activities such as greetings, snack and meal times and when going to different places.

Please get in touch if you have any questions at [admin@doniafahim.com](mailto:admin@doniafahim.com)