



MORNING SCHEDULE CHECKLIST


This visual schedule below can be used to help your child follow the steps that they need to complete a morning routine. Fill in the blank section with your own steps!


1	toilet	
2	breakfast	
3	get dressed	
4	brush teeth	
5	break time	
6	leave home	
all done		

1		
2		
3		
4		
5		
6		
all done		

PLAYTIME SCHEDULE


This visual schedule below can be used to help your child follow the steps for a playtime schedule. Fill in the blank section with your own steps!

1	movement song	
2	puzzle / bricks	
3	matching game	
4	colouring / writing	
5	pretend play	
6	story time	
all done		


1		
2		
3		
4		
5		
6		
all done		

YOUR PERSONAL SCHEDULE

Use this blank visual schedule below to help your child follow the steps for a routine schedule. Fill in the blank sections with your own steps!

1		
2		
3		
4		
5		
6		

all done

1		
2		
3		
4		
5		
6		

all done

