

Playing with your child with ASD

Use these practical tips to make playtime with your child with ASD enjoyable for everyone!



Try to have 5–10 minutes each day set aside for play.



Sit at your child's level (e.g., on the floor).



Talk about what your child is doing in short and simple words or sentences.



Do not expect your child to repeat what you say.



Tell your child the names of objects instead of asking him or her to label them.



Try to avoid saying "no."



Use the child's name at the end of a sentence.



Slow down your rate of speech and vary your volume and pitch in a sing-song way.



Praise your child lavishly, using facial expressions, hugs, and tickles.



Adapted from *Let's Talk: Navigating Communication Services and Supports for Your Young Child with Autism* by Rhea Paul, Ph.D., CCC-SLP & Donia Fahim, Ph.D. © 2015 Paul H. Brookes Publishing Co., Inc. All rights reserved.